



Domestic Violence
Intervention Project

YUVA Young People's Service

1-2-1 support for young people who are using violence/abuse

YUVA Young People's Service

YUVA works with young people aged 11 to 18 (and up to 25 where there are a wide range of specific needs) who have used violence or abuse towards their parents/carers.

The service also supports parents and carers experiencing abuse from their children.

The YUVA programme provides two integrated support services:

- **Young people using violence/abuse**
- **Parent support service**



Young people using violence/abuse

Young people are supported to identify and change their violent/abusive behaviours by:

- Recognising their own agency and capacity to take responsibility in their relationships
- Recognising and valuing their own emotions, offering empathy and validation for these emotions and subsequently building empathy for other family members
- Exploring reasons for behaving abusively
- Exploring more effective ways of communicating distress that are safer and less destructive
- Identifying and reflecting on issues that are relevant to their family such as the impact of DV, mental health, substance use, triggers and responses to stress

- Exploring any underlying beliefs and attitudes supporting their use of violence and abuse.

**A 1-2-1
support service
working directly
with young people
who are using
violence or
abuse.**

Parent support service

Parents are offered group work primarily through our 8 week **Who's In Charge** programme. 1-2-1 sessions can be offered as necessary. The work with parents focuses on exploring their experiences and supporting them to take steps to make themselves and their families safer by:

- Assisting parents who have survived intimate partner violence to examine the wider impact of trauma on the family
- Enabling parents to reflect on their own experience of being parented and how this has influenced their parenting style
- Acknowledging the parent's hurt and anger while fostering a child-centred, risk aware support of the child
- Understanding the function of their child's behaviour within the family context

A parent or carer support service offering the "Who's in Charge?" group programme and 1-2-1 support.

- Exploring more effective ways of communicating distress, fostering empathy, and finding ways of reducing conflict and degree of negative communication
- Fostering a supportive environment where parents feel safe asking for help.

Who can refer?

We accept referrals directly from parents and organisations working with young people. We require consent from both the parent and the young person if a referral is to be made on behalf of a family.

To discuss making a referral or to request a referral form, please contact:

020 8741 8020

dvip.yuva@richmondfellowship.org.uk

Further information

The Yuva service welcomes the opportunity to support families and professionals to better respond to Child to Parent Violence. Please get in touch for information on any training events.



DVIP is a division of Richmond Fellowship.
We are working to end domestic abuse and reduce the harm it causes to individuals, families and children.
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