

Who's in Charge?

Does your child threaten, hurt or intimidate you?

Do you feel you are losing control?

Reclaim respect and calm in your family!

Want to better handle conflict?



The *Who's in Charge?* group is an 8 week program for parents or carers of young people (8 to 18) who are beyond control, violent or defiant

The group aims to:

- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame which most parents feel
- Offer ideas to help you develop individual strategies for managing your child's behaviour
- Explore ways of increasing safety and well-being
- Help parents feel more in control and less stressed

Group venue:

1st Floor

59-61 Old Kent Road

London SE1 4RF

Please call 07501722609/0208 741 8020 to register interest or email dvip.yuva@richmondfellowship.org.uk



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