Who’s in Charge?

Does your child threaten, hurt or intimidate you?
Do you feel you are losing control?

Reclaim respect and calm in your family!
Want to better handle conflict?

The Who’s in Charge? group is an 8 week program for parents or carers of young people (8 to 18) who are beyond control, violent or defiant.

The group aims to:

- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame which most parents feel
- Offer ideas to help you develop individual strategies for managing your child’s behaviour
- Explore ways of increasing safety and well-being
- Help parents feel more in control and less stressed

Group venue:
1st Floor
59-61 Old Kent Road
London SE1 4RF

Please call 07501722609/0208 741 8020 to register interest or email dvip.yuva@richmondfellowship.org.uk

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